

# IRON STARR

## URBAN BARBEQUE

### Gluten Free Menu

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#### APPETIZERS

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##### Mama's Deviled Eggs

Not your mama's – but maybe better. \$6

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#### BBQ DINNERS

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##### Slow Smoked St. Louis Cut Ribs

Our ribs start with a 24 hour rub down in our secret dry spices before being slow smoked for hours in an aged hickory-pecan wood blend. Served with your choice of two sides. *Lite* \$10.95 *Dinner* \$13.95

##### Smoked Meat Plate

Sliced brisket or pulled pork served with your choice of two sides.

*Lite* \$10.95 *Dinner* \$13.95

##### Hickory Smoked Chicken

1/2 chicken specially seasoned and slow hickory smoked. Served with your choice of two sides. \$10.95

##### Grilled Atlantic Salmon

Served with Nancy's cucumber-chive relish, two sides and cornbread \$18.95

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#### SIDES

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Southwest Slaw

Potato Salad

Green Beans

Corn Pudding